

## WMA RECORDS OUTDOOR - MEN (updated 04 April 2022)

<b>100m</b>		Wind					
M 35	9.87	-0.1	Justin Gatlin	USA	37	30/06/19	Stanford, USA
M 40	9.93	1.9	Kim Collins	SKN	40	29/05/16	Bottrop, GER
M 45	10.72	1.0	Willie Gault	USA	45	24/06/06	Indianapolis, USA
M 50	10.88	1.8	Willie Gault	USA	50	07/05/11	Los Angeles, USA
M 55	11.30	+0.0	Willie Gault	USA	55	07/05/16	Eagle Rock, USA
M 60	11.70	0.5	Ronald Taylor	GBR	60	04/06/94	Athens, GRE
M 65	12.31	0.2	Damien Leake	USA	65	16/06/18	Grass Valley, USA
M 70	12.77	1.8	Robert Whilden Jr	USA	70	06/09/05	Pittsburgh, USA
M 75	13.25	0.8	Kenton Brown	USA	76	03/10/20	Marble Falls, USA
M 80	14.35		Payton Jordan	USA	80	10/05/97	Modesto, USA
M 85	15.08	1.9	Hiroo Tanaka	JPN	86	25/06/17	Akita, JPN
M 90	16.86	-1.7	Hiroo Tanaka	JPN	90	01/05/21	Rokkasho, JPN
M 95	20.41	0.1	Frederico Fischer	BRA	95	30/06/12	Porto Alegre, BRA
M100	26.99	1.1	Donald Pellmann	USA	100	20/09/15	San Diego, USA
M105	34.50	-0.1	Stanistaw Kowalski	POL	105	27/06/15	Toruń, POL
<b>200m</b>							
M 35	20.11	1.9	Linford Christie	GBR	35	25/06/95	Villeneuve, SWE
M 40	20.64	1.9	Troy Douglas	NED	40	27/08/03	Paris, FRA
M 45	21.80	0.6	Willie Gault	USA	47	26/04/08	Philadelphia, USA
M 50	22.44	1.2	Willie Gault	USA	50	07/05/11	Los Angeles, USA
M 55	23.24	1.0	Willie Gault	USA	55	07/05/16	Eagle Rock, USA
M 60	24.00	-0.3	Ronald Taylor	GBR	60	10/06/94	Athens, GRE
M 65	24.65	-0.7	Charles Allie	USA	65	26/07/13	Berea, USA
M 70	25.75	+1.7	Charles Allie	USA	70	21/06/18	Des Moines, USA
M 75	27.73	+0.4	Robert Lida	USA	75	05/08/12	Lisle, USA
M 80	29.54	-0.5	Hijiya Hisamitsu	JPN	81	16/09/12	Miyazaki, JPN
M 85	31.69	-0.3	Hijiya Hisamitsu	JPN	85	17/09/16	Nigata, JPN
M 90	36.02	1.1	Hiroo Tanaka	JPN	90	23/05/21	Rokkasho, JPN
M 95	48.69	-1.5	Friederich E. Mahlo	GER	95	10/09/07	Riccione, ITA
M100	1:17.59		Philip Rabinowitz	RSA	100	17/12/04	Cape Town, RSA
<b>400m</b>							
M 35	44.54		Christopher Brown	BAH	36	30/05/15	Eugene, USA
M 40	47.81		Enrico Saraceni	ITA	40	28/07/04	Århus, DEN
M 45	49.09		Allen Woodard	USA	48	18/03/17	Houston, USA
M 50	50.51		Juan Luis Lopez Anaya	ESP	51	16/07/21	Granada, ESP
M 55	52.24		Charles Allie	USA	55	12/07/03	Carolina, PUR
M 60	53.88		Ralph Romain	TTO	63	22/07/95	Buffalo, USA
M 65	56.09		Charles Allie	USA	65	18/05/13	Raleigh, USA
M 70	57.26		Charles Allie	USA	71	11/09/18	Málaga, ESP
M 75	1:02.40		Guido Müeller	GER	75	28/06/14	Elsfeld, GER
M 80	1:10.01		Hijiya Hisamitsu	JPN	81	16/09/12	Miyazaki, JPN
M 85	1:17.12		Earl Fee	CAN	85	12/07/14	Toronto, CAN
M 90	1:29.15		Earl Fee	CAN	90	19/07/19	Toronto, CAN
M 95	2:21.82		Orville Rogers	USA	95	12/07/13	Olathe, USA
M100	3:41.00		Erwin Jaskulski	AUT	100	13/03/03	San Sebastian, ESP
<b>800m</b>							
M 35	1:43.36		Johnny Gray	USA	35	16/08/95	Zürich, SUI
M 40	1:48.05		Anthony Whiteman	GBR	42	12/07/14	Manchester, GBR
M 45	1:49.86		Anthony Whiteman	GBR	45	19/08/17	Manchester, GBR
M 50	1:58.65		Nolan Shaheed	USA	50	13/05/00	Eagle Rock, USA
M 55	2:02.92		Peter Oberließen	GER	55	07/05/16	Schwalbach, GER
M 60	2:08.56		Nolan Shaheed	USA	61	23/04/11	Los Angeles, USA
M 65	2:14.33		Earl Fee	CAN	66	18/07/95	Buffalo, USA
M 70	2:20.52		Earl Fee	CAN	70	17/06/99	Boston, USA
M 75	2:30.59		José Vicente Rioseco López	ESP	75	18/06/16	Vilagarcia, ESP
M 80	2:41.59		José Vicente Rioseco López	ESP	80	30/04/21	La Coruña-Bas, ESP
M 85	3:06.69		David Carr	AUS	85	28/06/17	Perth, AUS
M 90	3:34.93		Earl Fee	CAN	90	23/06/19	Toronto, CAN
M 95	4:51.44		Antonio Nacca	ITA	95	09/06/19	Asti, ITA

**1500m**

M 35	3:32.51	Bernard Lagat	USA	35	22/07/10	Monaco
M 40	3:41.87	Bernard Lagat	USA	40	07/06/15	Birmingham, GBR
M 45	3:48.72	Anthony Whiteman	GBR	45	08/07/17	Loughborough, GBR
M 50	3:58.26	David Heath	GBR	50	21/06/15	Castres, FRA
M 55	4:12.35	Keith Bateman	AUS	56	15/07/11	Sacramento, USA
M 60	4:24.00	Nolan Shaheed	USA	61	30/04/11	Norwalk, USA
M 65	4:39.87	Simon Herlaar	NED	65	16/07/94	Bedford, GBR
M 70	4:52.95	Ron Robertson	NZL	70	15/07/11	Sacramento, USA
M 75	5:11.27	José Vicente Rioseco López	ESP	77	16/06/18	Pontevedra, ESP
M 80	5:30.89	José Vicente Rioseco López	ESP	80	19/06/21	Castellón, ESP
M 85	6:08.61	Manuel Alonso Domingo	ESP	85	01/05/21	Arganda, ESP
M 90	7:37.08	Toshio Kamehama	JPN	90	19/06/21	Malaga, ESP
M 95	10:10.88	Yoshimitsu Miyauchi	JPN	95	13/09/19	Maebashi, JPN
M100	16:46.41	Leslie Amey	AUS	100	01/04/00	Brisbane, AUS

**One Mile**

M 35	3:51.38	Bernard Lagat	USA	36	06/08/11	London, GBR
M 40	3:57.91	Bernard Lagat	USA	40	25/07/15	London, GBR
M 45	4:13.96	Davide Raineri	ITA	46	06/06/19	Rome, ITA
M 50	4:19.59	Brad Barton	USA	53	31/05/19	Nashville, USA
M 55	4:35.04	Keith Bateman	AUS	55	18/12/10	Sydney, AUS
M 60	4:47.69	Håkan Eriksson	SWE	60	28/08/21	Östersund, SWE
M 65	4:56.4	Derek Turnbull	NZL	65	29/02/92	Christchurch, NZL
M 70	5:19.75	Joop Rüter	NED	70	11/07/03	Rotterdam, NED
M 75	5:41.80	Edward Whitlock	CAN	75	28/07/06	Windsor, CAN
M 80	5:56.93	José Vicente Rioseco López	ESP	80	18/07/21	Vigo, ESP
M 85	6:40.25	Manuel Alonso Domingo	ESP	85	22/05/21	Sabadell, ESP
M 90	10:30.9	Peter Brownbill	AUS	90	18/06/08	Melbourne, AUS
M 95	11:56.04	Antonio Nacca	ITA	95	07/04/19	Novara, ITA

**3000m**

M 35	7:29.00	Bernard Lagat	USA	35	29/08/10	Rieti, ITA
M 40	7:42.75	Bernard Lagat	USA	40	14/07/15	Luzern, SWI
M 45	8:15.58	Vyacheslav Shavunin	RUS	45	01/07/15	Moscow, RUS
M 50	8:37.94	Antoni Bernado Planas	AND	51	14/07/18	Granollers, ESP
M 55	8:56.80	Keith Bateman	AUS	55	13/11/10	Sydney, AUS
M 60	9:21.38	Yoshitsugu Iwanaga	JPN	60	26/09/20	Saga, JPN
M 65	9:47.4	Derek Turnbull	NZL	65	08/02/92	(null)
M 70	10:42.40	Siem Herlaar	NED	70	02/07/99	Beverwijk, NED
M 75	11:10.43	Edward Whitlock	CAN	75	25/07/06	Toronto, CAN
M 80	11:56.25	José Vicente Rioseco López	ESP	80	04/09/21	Pontevedra, ESP
M 85	14:13.4	Julian Bernal Medina	ESP	86	20/02/05	La Coruna, ESP
M 90	16:42.01	Yoshimitsu Miyauchi	JPN	90	19/10/14	Kagoshima, JPN
M 95	22:46.4	Antonio Nacca	ITA	95	16/12/18	Novara, ITA

**5000m**

M 35	12:53.60	Bernard Lagat	USA	36	22/07/11	Monaco
M 40	13:06.78	Bernard Lagat	USA	41	20/08/16	Rio de Janeiro, BRA
M 45	14:23.6	Lucien Rault	FRA	46	19/06/82	Vannes, FRA
M 50	14:52.92	Sean Wade	USA	50	25/03/16	Houston, USA
M 55	15:29.7	Keith Bateman	AUS	55	05/01/11	Blacktown, AUS
M 60	15:56.41	Yoshitsugu Iwanaga	JPN	60	14/11/20	Saga, JPN
M 65	16:38.8	Derek Turnbull	NZL	65	13/03/92	Christchurch, NZL
M 70	18:15.53	Ron Robertson	NZL	70	09/07/11	Sacramento, USA
M 75	19:07.02	Edward Whitlock	CAN	75	23/07/06	Dieppe, FRA
M 80	20:20.01	José Vicente Rioseco López	ESP	80	04/09/21	Pontevedra, ESP
M 85	24:03.99	Edward Whitlock	CAN	85	31/07/16	Toronto, CAN
M 90	29:59.94	Yoshimitsu Miyauchi	JPN	90	20/09/14	Kitakami, JPN
M 95	39:42.52	Antonio Nacca	ITA	95	04/05/19	Novara, ITA

**10000m**

M 35	26:51.20	Haile Gebrselassie	ETH	35	24/05/08	Hengelo, NED
M 40	27:49.35	Bernard Lagat	USA	41	01/05/16	Stanford, USA
M 45	29:44.38	Kevin Castille	USA	45	17/03/17	Lafayette, USA
M 50	30:48.87	Sean Wade	USA	50	01/04/16	San Francisco, USA
M 55	31:51.86	Keith Bateman	AUS	55	26/03/11	Sydney, AUS
M 60	33:39.52	Iwanaga Yoshitugu	JPN	60	28/11/20	Saga, JPN
M 65	34:42.2	Derek Turnbull	NZL	65	13/03/92	Christchurch, NZL
M 70	38:04.13	Edward Whitlock	CAN	70	09/07/01	Brisbane, AUS
M 75	39:25.16	Edward Whitlock	CAN	75	21/07/06	Dieppe, FRA
M 80	42:39.95	Edward Whitlock	CAN	80	11/07/11	Sacramento, USA
M 85	51:07.53	Edward Whitlock	CAN	85	12/08/16	Toronto, CAN
M 90	1:09:27.5	Gordon Porteous	GBR	91	17/10/04	Coatbridge, GBR

**4x100m**

M35	41.30	Parker,Roland,Burnett,Green	USA	26/05/19	Atlanta, USA
M40	42.18	Carty,Bradley,Elliott,Chambers	GBR	19/08/18	London, GBR
M45	43.27	Fukuzato,Minakuchi,Koga,Asahara	JPN	06/12/19	Kuching, MAS
M50	44.47	Frey,James,Fulton,Barnwell	USA	24/04/09	Philadelphia, USA
M55	46.16	Franklyn,Walcott,Ross,Oliver	GBR	15/09/07	Riccione, ITA
M60	47.93	Peterson, Wilson,Allie,Sanders	USA	17/07/11	Sacramento, USA
M65	50.13	Beckering,Scheidt,Hamaekers,Lenk	GER	13/09/05	San Sebastian, ESP
M70	51.96	Sims,Bennett,Colbert,Lida	USA	25/04/08	Philadelphia, USA
M75	55.44	Beckering,Lange,Schmid,Müller	GER	31/08/14	Izmir,TUR
M80	1:01.83	Albrecht,Herbst,Schumacher,Breder,	GER	01/08/04	Århus, DEN
M85	1:07.03	Ishida,Tanaka,Masuda,Ishikawa	JPN	28/10/18	Nara City, JPN
M90	1:43.69	Tsuruga,Kudo,Mitsuya,Tanaka	JPN	29/08/21	Hirosaki, JPN

**4x400m**

M35	3:17.82	Baird,Brown,Collins,Beardsell	GBR	16/08/15	Lyon, FRA
M40	3:20.83	Allah,Morning,Gonera,Blackwell	USA	28/04/01	Philadelphia, USA
M45	3:22.79	Vickers,Gomes,Bridges,Woodard	USA	29/04/17	Philadelphia, USA
M50	3:31.76	Sullivan,Moody,Gatling,Blackwell	USA	17/07/11	Sacramento, USA
M55	3:40.62	Allie,Haywood,Collins,Grant	USA	23/04/10	Philadelphia, USA
M60	3:51.33	Collins,Grant,Haywood,Allie	USA	26/04/13	Philadelphia, USA
M65	4:01.03	Ortman,Allie,Jones,Haywood	USA	01/09/19	Alexandria, USA
M70	4:17.47	Scheidt,Nehren,Klaus,Müller	GER	08/08/09	Lahti, FIN
M75	4:47.85	Jakob,Klaus,Knorr,Müller	GER	16/08/15	Lyon, FRA
M80	5:32.29	Carr,Harrod,Coffey,Hughes	AUS	05/11/12	Gold Coast, AUS
M85	7:23.31	Bscheid,Mueller,Zosel,Ingenrith	GER	15/09/19	Venice, ITA
M90	9:56.36	Tsuruga,Kudo,Mitsuya,Tanaka	JPN	29/08/21	Hirosaki, JPN

**4x800m**

M35	7:51.47	Perez,Sotomayor,Pous,Gil	ESP	14/05/16	Madrid, ESP
M40	7:54.17	Hinton, Pope, Paulk, Young	USA	27/06/04	Eugene, USA
M45	8:36.35	Hopkins,Hipworth,Crowley,Sanford	AUS	24/03/22	Melbourne, AUS
M50	8:25.79	Duren,Johansson,Olsson,Björkman	SWE	20/08/16	Upplands Väsby, SWE
M55	10:46.10	Monistere,Bass,Royal,Ingram	USA	06/02/21	Marble Falls, USA
M60	9:30.92	Schmanski,Grant,Chantry,Haywood	USA	26/07/15	Jacksonville, USA
M65	10:44.06	Gunningham,McLean,Reeves,Cameron	AUS	08/01/22	Brisbane, AUS
M70	10:51.08	Wigger,Cash,Talib,Patton	USA	29/09/18	Wichita, USA
M80	14:01.14	Ebermann,Müller,Girault,Beecker	GER	27/09/13	Essen, GER
M90	28:17.10	Ross,Rogers,Englert,Boyle	USA	20/07/14	Winston-Salem, USA

**3000m Steeplechase**

M 35	8:04.95	Simon Vroemen	NED	35	24/08/04	Brussels, BEL
M 40	8:38.40	Angelo Carosi	ITA	40	11/07/04	Firenze, ITA
M 45	9:06.68	Brad Barton	USA	48	28/06/14	Naperville, USA
M 50	9:38.8	Nils Undersåker	NOR	50	10/06/89	Stjørdal, NOR
M 55	9:55.05	Ron Robertson	NZL	56	27/07/97	Durban, RSA

**2000m Steeplechase**

M 60	6:30.21	Ron Robertson	NZL	60	14/07/01	Brisbane, AUS
M 65	7:10.25	Francisco Aragon Muñoz	ESP	66	18/06/21	Malaga, ESP
M 70	7:10.03	Ron Robertson	NZL	70	17/07/11	Sacramento, USA
M 75	8:29.26	José Vicente Rioseco López	ESP	78	29/06/19	Sagunto, ESP
M 80	9:35.1	David Carr	AUS	80	01/02/13	Perth, AUS
M 85	10:53.3	David Carr	AUS	85	21/12/17	Perth, AUS
M 90	15:47.32	Gunnar Linde	USA	91	19/07/19	Toronto, CAN

**110m Hurdles**

M 35	12.96	0.4	Allen Johnson	USA	35	17/09/06	Athens, GRE
M 40	13.73	-0.5	David Ashford	USA	40	11/07/03	Carolina, PUR
M 45	14.38	0.4	Shaun Bownes	RSA	45	04/02/16	Pretoria, RSA

**100m Hurdles**

M 50	13.57		Walter Butler	USA	50	05/07/91	Naperville, USA
M 55	14.25	-0.4	Herbert Kreiner	AUT	55	22/07/10	Nyíregyháza, HUN
M 60	14.37	0.4	Thaddeus Wilson	USA	60	29/07/11	Berea, USA
M 65	15.20	-1.1	Tyrone Brown	USA	68	18/05/13	Raleigh, USA

**80m Hurdles**

M 70	12.61	-0.9	Tyrone Brown	USA	70	24/07/15	Jacksonville, USA
M 75	13.62		James Stookey	USA	75	04/09/05	McLean, USA
M 80	14.75	0.1	Melvin Larsen	USA	81	31/08/05	San Sebastian, ESP
M 85	17.33	-0.1	Anthony Bowman	GBR	85	08/06/21	Manchester, GBR
M 90	21.62	-1.5	Ralph Maxwell	USA	91	07/07/11	Sacramento, USA

**400m Hurdles**

M 35	48.13		Danny McFarlane	JAM	37	28/07/09	Monaco
M 40	49.69		Danny McFarlane	JAM	40	29/06/12	Kingston, JAM
M 45	53.57		Aramis Díaz	ITA	45	05/09/20	Rome, ITA
M 50	56.35		Mattias Sunneborn	SWE	50	13/06/21	Sollentuna, SWE
M 55	57.73		Getulio Echeandia Jr	USA	55	14/07/19	Ames, USA

**300m Hurdles**

M 60	42.31		Guido Müller	GER	60	01/08/99	Gateshead, GBR
M 65	43.88		Guido Müller	GER	65	25/07/04	Århus, DEN
M 70	45.24		Guido Müller	GER	70	10/07/09	Vaterstetten, GER
M 75	49.65		Guido Müller	GER	75	12/07/14	Erfurt, GER

**200m Hurdles**

M 80	36.95	+0.0	Earl Fee	CAN	81	05/09/10	Mayaguez, PUR
M 85	42.70	+0.4	Earl Fee	CAN	85	23/08/14	San Jose, CRC
M 90	51.31		Ralph Maxwell	USA	90	29/08/10	Fort Collins, USA

**High Jump**

M 35	a	2.31	Dragutin Topić	SRB	38	28/07/09	Kragujevac, SRB
M 35	b	2.31	Jamie Nieto	USA	35	09/06/12	New York, USA
M 40		2.28	Dragutin Topić	SRB	41	20/05/12	Beograd, SRB
M 45		2.05	Charles Austin	USA	46	21/06/14	San Marcos, USA
M 50		1.98	Thomas Zacharias	GER	50	17/05/97	Baunatal, GER
M 55		1.91	Marco Segatel	ITA	55	08/07/17	Orvieto, ITA
M 60		1.81	Vladimir Kuntsevich	RUS	60	20/08/12	Zittau, GER
M 65		1.67	Dušan Prezelj	SLO	65	26/08/14	Izmir, TUR
M 70		1.60	Dušan Prezelj	SLO	71	22/07/20	Ptuj, SLO
M 75		1.49	Carl-Erik Särndal	SWE	76	17/09/13	Lund, SWE
M 80		1.38	Carl-Erik Särndal	SWE	80	20/08/17	Karlskrona, SWE
M 85		1.25	Samuli Korpi	FIN	85	17/05/15	Inkeroinen, FIN
M 90		1.11	Donald Pellmann	USA	90	04/10/05	St. George, USA
M 95		1.00	Emmerich Zensch	AUT	95	14/08/15	Lyon, FRA
M 100		.90	Donald Pellmann	USA	100	20/09/15	Santa Clara, USA

**Pole Vault**

M 35		5.90	Björn Otto	GER	35	01/06/13	Eugene, USA
M 40		5.70	Jeff Hartwig	USA	40	29/06/08	Eugene, USA
M 45		5.10	Larry Jessee	USA	45	10/08/97	El Paso, USA
M 50		4.75	Gary Hunter	USA	51	04/08/07	Orono, USA
M 55		4.60	Wolfgang Ritte	GER	55	08/06/08	V. Friedrichsf, GER
M 60		4.32	Wolfgang Ritte	GER	60	19/05/13	Wipperfürth, GER
M 65		4.05	Wolfgang Ritte	GER	65	19/05/18	Wipperfürth, GER
M 70		3.49	John Altendorf	USA	70	02/04/16	McMinville, USA
M 75		3.20	Donald Isett	USA	75	31/05/14	Dallas, USA
M 80		2.75	Bud Held	USA	80	04/10/08	Santa Barbara, USA
M 85		2.28	Frank Dickey	USA	85	09/04/17	San Antonio, USA
M 90		2.05	William Bell Sr	USA	91	12/07/13	Olathe, USA
M 95		1.35	William Bell Sr	USA	95	15/07/17	Baton Rouge, USA

**Long Jump**

M 35	a	8.50	1.9	Larry Myricks	USA	35	15/06/91	New York, USA
M 35	b	8.50	-1.3	Carl Lewis	USA	35	29/07/96	Atlanta, USA
M 40		7.68	1.5	Aaron Sampson	USA	40	21/06/02	Cedar City, USA
M 45		7.27	+1.2	Tapani Taavitsainen	FIN	46	21/08/90	Bern, SWI
M 50		6.84	+1.7	Tapani Taavitsainen	FIN	50	18/06/94	Geneve, SWI
M 55		6.50	+0.0	Gianni Becatti	ITA	55	09/09/18	Málaga, ESP
M 60		6.07		Tom Patsalis	USA	60	10/07/82	Los Angeles, USA
M 65	a	5.47	-0.4	Lothar Fischer	GER	65	01/09/01	Ludvigshafen, GER
M 65	b	5.47	+0.3	Lamberto Boranga	ITA	65	27/07/08	Ljubljana, SLO
M 65	c	5.47	+0.1	Adrian Neagu	ROU	65	26/08/18	Bucharest, ROU
M 70		5.19	-0.8	Melvin Larsen	USA	70	12/08/94	Eugene, USA
M 75		4.83	0.8	Saburo Ishigami	JPN	75	25/08/05	Osaka, JPN
M 80		4.36	0.9	Saburo Ishigami	JPN	80	17/09/10	Tokyo, JPN
M 85		3.77	+1.6	Gudmund Skrivervik	NOR	85	23/07/06	Poznan, GER
M 90		3.26		Donald Pellmann	USA	90	04/09/05	Fort Collins, USA
M 95		2.15	-0.4	Emmerich Zensch	AUT	95	12/08/15	Lyon, FRA
M 100		1.78	+0.0	Donald Pellmann	USA	100	20/09/15	Santa Clara, USA

**Triple Jump**

M 35		17.92	+0.7	Jonathan Edwards	GBR	35	06/08/01	Edmonton, CAN
M 40		16.93	-0.3	Fabrizio Donato	ITA	40	06/09/16	Rovereto, ITA
M 45		15.13	+0.2	Wolfgang Knabe	GER	45	22/05/05	Garbsen, GER
M 50		14.44	+0.0	Wolfgang Knabe	GER	50	18/07/09	Lübeck, GER
M 55		14.13	+0.7	Wolfgang Knabe	GER	55	28/08/14	Izmir, TUR
M 60		12.82	+0.2	Wolfgang Knabe	GER	61	10/07/21	Garbsen, GER
M 65		11.94	+2.0	Hermann Strauss	GER	65	18/08/96	Leinfelden, GER
M 70		10.75	+0.3	Lamberto Boranga	ITA	70	03/11/12	Serravalle, ITA
M 75		10.10	-0.6	Lothar Fischer	GER	75	31/07/11	Minden, GER
M 80		9.04	+0.1	Lothar Fischer	GER	80	09/07/16	Leinefelde-Worbis, GER
M 85		8.17	+0.7	Aatos Sainio	FIN	85	04/07/10	Tampere, FIN
M 90		7.10	+0.6	Aatos Sainio	FIN	90	22/07/15	Kangasala, FIN
M 95		5.23	+1.1	Emmerich Zensch	AUT	95	09/08/15	Lyon, FRA
M100		3.52	+1.7	Giuseppe Ottaviani	ITA	100	08/07/16	Arezzo, ITA

**Shot Put**

M 35		22.19	7.26k	Brian Oldfield	USA	38	26/05/84	San Jose, USA
M 40		21.41	7.26k	Brian Oldfield	USA	40	22/08/85	Innsbruck, AUT
M 45		20.77	7.26k	Ivan Ivancic	YUG	45	31/08/83	Koblenz, GER
M 50		18.63	6k	Stuart Gyngell	AUS	50	25/01/14	Wollongong, AUS
M 55		17.50	6k	Klaus Liedtke	GER	55	21/07/96	Gelsenkirchen, GER
M 60		18.37	5k	Klaus Liedtke	GER	60	23/06/01	Köln, GER
M 65		16.66	5k	Quenton Torbert	USA	65	30/04/17	Eugene, USA
M 70		15.89	4k	Karl-Heinz Marg	GER	70	12/07/08	Schweinfurt, GER
M 75		14.24	4k	Karl-Heinz Marg	GER	75	12/07/13	Mönchengladbach, GER
M 80		13.98	3k	Leo Saarinen	FIN	80	15/08/09	Kangasala, FIN
M 85		11.94	3k	Bernhard Karlsson	SWE	85	21/09/19	Volö, SWE
M 90		9.89	3k	Leo Saarinen	FIN	90	08/09/19	Venice, ITA
M 95		8.21	3k	Donald Pellmann	USA	95	27/03/11	Palo Alto, USA
M100		6.56	3k	Donald Pellmann	USA	100	20/09/15	Santa Clara, USA
M105		3.25	3k	Hidekichi Miyazaki	JPN	105	23/09/15	Kyoto, JPN

**Discus**

M 35		71.56	2.0k	Virgilijus Alekna	LTU	35	25/07/07	Kaunas, LTU
M 40		70.28	2.0k	Virgilijus Alekna	LTU	40	23/06/12	Klaipeda, LTU
M 45		66.12	2.0k	Al Oerter	USA	45	28/03/82	Westfield, USA
M 50		68.40	1.5k	Klaus Weiffenbach	GER	52	10/05/97	Medelby, GER
M 55		64.58	1.5k	Klaus Liedtke	GER	59	08/10/00	Medelby, GER
M 60		66.36	1.0k	Klaus Liedtke	GER	60	19/05/01	Schwerte-Erg., GER
M 65		59.75	1.0k	Klaus Liedtke	GER	66	17/08/07	Oer-Erkenschwick, GER
M 70		55.27	1.0k	Carmelo Rado	ITA	74	30/09/07	Chiuro, ITA
M 75		49.21	1.0k	Carmelo Rado	ITA	75	05/10/08	Besana, ITA
M 80		41.13	1.0k	Östen Edlund	SWE	81	21/06/16	Tingstade, SWE
M 85		35.92	1.0k	Carmelo Rado	ITA	86	13/09/19	Venice, ITA
M 90		28.49	1.0k	Ian Reed	USA	90	17/09/17	San Diego, USA
M 95		18.92	1.0k	Donald Pellmann	USA	95	27/03/11	Palo Alto, USA
M100		14.86	1.0k	Donald Pellmann	USA	100	20/09/15	Santa Clara, USA
M105		7.50	1.0k	Stanisław Kowalski	POL	105	27/06/15	Toruń, POL

**Hammer**

M 35	83.62	7.26k	Igor Astapkovich	BLR	35	20/06/98	Staiki, BLR
M 40	82.23	7.26k	Igor Astapkovich	BLR	41	10/07/04	Minsk, POL
M 45	79.42	7.26k	Oleksandr Drygol	UKR	45	29/01/12	Jablonec, CZE
M 50	73.70	6k	Oleksandr Drygol	ISR	52	08/07/18	Dnipro, UKR
M 55	67.27	6k	Jud Logan	USA	55	21/09/14	Ashland, USA
M 60	63.32	5k	Arild Busterud	NOR	60	28/07/08	Ljubljana, SLO
M 65	60.65	5k	Arild Busterud	NOR	65	23/07/13	Tönsberg, NOR
M 70	59.04	4k	Edward Burke	USA	70	07/08/10	Lisle, USA
M 75	51.52	4k	Jerzy Jabłoński	POL	75	28/07/20	Turuń, POL
M 80	50.69	3k	Hermann Albrecht	GER	80	18/07/20	Osnabrück, GER
M 85	38.93	3k	Carmelo Rado	ITA	85	30/09/18	Modena, ITA
M 90	27.82	3k	Harvey Lewellen	USA	90	22/06/19	Gresham, USA
M 95	22.01	3k	Antonio Antunes da Fonseca	BRA	96	13/07/11	Sacramento, USA
M100	11.32	3k	Trent Lane	USA	101	21/06/11	Humble, USA

**Javelin**

		(gm)					
M 35	92.80	800	Jan Zelezny	CZE	35	12/08/01	Edmonton, CAN
M 40	85.92	800	Jan Zelezny	CZE	40	09/08/06	Göteborg, SWE
M 45	77.15	800	Peter Blank	GER	45	28/05/07	Rehlingen, GER
M 50	76.16	700	Roald Bradstock	GBR	50	02/06/12	Clermont, USA
M 55	66.76	700	Roald Bradstock	GBR	55	13/05/17	Clermont, USA
M 60	62.47	600	Esa Kiuru	FIN	60	21/07/07	Koria, FIN
M 65	58.58	600	Esa Kiuru	FIN	65	27/05/12	Helsinki, FIN
M 70	54.47	500	Esa Kiuru	FIN	74	10/07/21	Orivesi, FIN
M 75	47.12	500	Gary Stenlund	USA	75	24/04/16	Eugene, OR
M 80	45.85	400	Jouni Tenhu	FIN	80	09/09/19	Venice, ITA
M 85	35.64	400	William Platts	USA	85	07/10/13	St. George, USA
M 90	31.46	400	William Platts	USA	90	27/07/18	Spokane, USA
M 95	20.80	400	Trent Lane	USA	95	11/06/05	Pittsburgh, USA
M100	12.42	400	Takashi Shimokawara	JPN	101	26/10/07	Iwate, JPN

**Weight Throw**

M 35	25.17	15.88k	Juriy Tamm	EST	35	11/07/92	Mäntyharju, FIN
M 40	21.66	15.88k	Christian Harmse	RSA	43	01/04/17	Pretoria, RSA
M 45	20.79	15.88k	Oleksandr Drygol	UKR	45	12/09/11	Lignano, ITA
M 50	24.24	11.34k	Jud Logan	USA	50	17/10/09	Bowling Green, USA
M 55	21.73	11.34k	Jud Logan	USA	55	21/09/14	Ashland, USA
M 60	24.20	9.08k	Arild Busterud	NOR	60	25/07/08	Ljubljana, SLO
M 65	22.10	9.08k	Arild Busterud	NOR	67	05/08/15	Lyon, FRA
M 70	23.15	7.26k	Arild Busterud	NOR	70	11/09/18	Málaga, ESP
M 75	20.06	7.26k	Klaus Albers	GER	75	14/04/15	Bremerhaven, GER
M 80	19.91	5.45k	Carmelo Rado	ITA	80	30/08/13	Rimini, ITA
M 85	16.65	5.45k	Carmelo Rado	ITA	85	15/09/18	Ancona, ITA
M 90	10.59	5.45k	Torgeir Brandvold	NOR	90	22/07/04	Raleigh, USA
M 95	7.61	5.45k	Lauri Helle	FIN	95	13/07/20	Helsinki, FIN
M100	4.21	5.45k	Giuseppe Ottaviani	ITA	101	20/05/17	Fano, ITA

**Pentathlon**

M 35	3601	Franz Mayr	GER	35	25/08/91	Aichach, GER
M 40	3937	Mattias Sunneborn	SWE	40	15/06/11	Sätra, SWE
M 45	3820	Thomas Stewens	GER	46	29/09/12	Nieder-Olm, GER
M 50	3951	Mattias Sunneborn	SWE	50	16/07/21	Visby, SWE
M 55	3804	Wim Threels	NED	56	28/07/08	Ljubljana, SLO
M 60	4340	Dieter Bartzsch	GER	60	18/06/00	Lage, GER
M 65	4072	Wim Threels	NED	68	27/09/20	Stendal, GER
M 70	3806	Sherwood Sagedahl	USA	73	02/08/12	Lisle, USA
M 75	4060	Sherwood Sagedahl	USA	75	17/07/14	Winston-Salem, USA
M 80	3787	Sherwood Sagedahl	USA	80	11/07/19	Ames, USA
M 85	3635	Ted Rowan	CAN	85	03/08/18	Surrey, CAN
M 90	3284	Ralph Maxwell	USA	91	11/06/11	Raleigh, USA

**Decathlon**

M 35	8572	Lev Lobodin	RUS	35	30/05/04	Götzis, AUT
M 40	8542	Kip Janvrin	USA	40	24/08/05	San Sebastian, ESP
M 45	7867	Paul Jeffery	AUS	45	24/07/19	Perth, AUS
M 50	8106	Jean-Luc Duez	FRA	52	11/10/15	Tournefeuille, FRA
M 55	8312	Thomas Stewens	GER	55	19/09/21	Bad Nauheim, GER
M 60	8123	Wolfgang Ritte	GER	61	01/06/14	Stendal, GER
M 65	8205	Klemens Grißmer	GER	65	06/08/17	Århus, DEN
M 70	8142	Valdis Cela	LAT	70	27/05/18	Stendal, GER
M 75	8538	Rolf Geese	GER	75	02/06/19	Stendal, GER
M 80	8302	Robert Hewitt	USA	80	23/06/13	Charlotte, USA
M 85	7110	Ted Rowan	CAN	85	05/09/18	Málaga, ESP
M 90	7009	Ralph Maxwell	USA	91	07/07/11	Sacramento, USA

**Throws Pentathlon**

M 35	4415	Alfred Kruger III	USA	35	21/09/14	Ashland, USA
M 40	4852	Chris Harmse	RSA	41	16/05/15	Port Elizabeth, RSA
M 45	4616	Iver Hytten	NOR	46	28/04/12	Tønsberg, NOR
M 50	4696	Norbert Demmel	GER	53	14/05/16	Dingolfing, GER
M 55	5103	Norbert Demmel	GER	55	04/09/18	Málaga, ESP
M 60	4955	Arild Busterud	NOR	62	28/08/10	Heggedal, NOR
M 65	5255	Arild Busterud	NOR	65	26/10/13	Porto Alegre, BRA
M 70	5067	Arild Busterud	NOR	70	15/09/18	Málaga, ESP
M 75	5182	Carmelo Rado	ITA	75	26/10/08	Biella, ITA
M 80	5317	Hermann Albrecht	GER	80	18/07/20	Osnabrück, GER
M 85	5460	Östen Edlund	SWE	85	19/09/20	Sollentuna, SWE
M 90	4927	William Platts	USA	91	11/10/19	Las Vegas, USA
M 95	3874	Trent Lane	USA	95	29/07/05	Edmonton, CAN
M100	2533	Giuseppe Ottaviani	ITA	101	20/05/17	Fano, ITA

**3000m Race Walk**

M 35	11:16.38	David Smith	AUS	37	28/11/92	Brisbane, AUS
M 40	11:28.21	Willi Sawall	AUS	40	21/02/82	Melbourne, AUS
M 45	12:06.0	Gary Little	NZL	49	23/11/91	Auckland, NZL
M 50	12:18.0	Gary Little	NZL	51	23/01/93	Auckland, NZL
M 55	12:44.0	Willi Sawall	AUS	55	14/12/96	Geelong, AUS
M 60	13:15.11	Morotti Graziano	ITA	60	25/05/11	Milano, ITA
M 65	14:17.84	Ian Richards	GBR	66	09/08/14	Birmingham, GBR
M 70	15:07.43	Ian Richards	GBR	70	25/08/18	Birmingham, GBR
M 75	16:19.5	James Grimwade	GBR	75	12/07/87	Corby, GBR
M 80	18:52.85	James Grimwade	GBR	84	08/10/96	
M 85	19:31.0	Albert Augustus Theobald	AUS	85	10/04/82	Perth, AUS
M 90	21:21.3	Albert Augustus Theobald	AUS	90	15/04/87	Murrumbena, AUS

**5000m Race Walk**

M 35	18:30.43	Maurizio Damilano	ITA	35	11/06/92	Caserta, ITA
M 40	19:45.65	Willi Sawall	AUS	42	31/03/84	Melbourne, AUS
M 45	20:28.28	Alex Florez Studer	ESP	46	03/06/17	Palma, ESP
M 50	21:01.0	Gary Little	NZL	50	16/02/92	Christchurch, NZL
M 55	22:11.5	Willi Sawall	AUS	55	26/01/97	Ballarat, AUS
M 60	22:38.7	Andrew Jamieson	AUS	60	01/03/07	Melbourne, AUS
M 65	24:13.10	Ian Richards	GBR	65	18/10/13	Porto Alegre, BRA
M 70	25:48.50	Ian Richards	GBR	70	28/08/18	Birmingham, GBR
M 75	27:40.0	James Grimwade	GBR	75	28/06/87	Solihull, GBR
M 80	29:24.1	James Grimwade	GBR	80	07/06/92	Solihull, GBR
M 85	33:15.0	Albert Augustus Theobald	AUS	85	10/04/82	Perth, AUS
M 90	35:10.0	Albert Augustus Theobald	AUS	90	18/04/87	Melbourne, AUS