

**WMA OUTDOOR PENTATHLON RECORDS - MEN (updated 01 September 2021)**

Age			Total Points	long jump	javelin	200m	discus	1500m	DATE	Location
35	Franz Mayr	GER	<b>3601</b>	6.57 760	51.28 617	23.58 866	39.58 667	4:25.39 791	25/08/1991	Aichach, GER
40	Matthias Sunneborn	SWE	<b>3937</b>	7.14 (0.9) 1005	46.79 601	22.06 (2.3) 981	37.52 691	4:57.73 659	15/06/2011	Sätra, SWE
46	Thomas Stewens	GER	<b>3820</b>	6.13 (0.0) 833	45.84 644	24.84 (0.8) 791	35.85 730	4:43.26 822	29/09/2012	Nieder-Olm, GER
50	Matthias Sunneborn	SWE	<b>3951</b>	6.37 (0.9) 1015	45.70 679	23.45 (+2.8) 989	35.48 589	5:20.97 679	16/07/2021	Visby, SWE
56	Wim Threels	NED	<b>3804</b>	5.41 (0.3) 835	43.77 716	25.54 (0.1) 878	29.40 517	5:03.84 858	28/07/2008	Ljubljana, SLO
60	Dieter Bartzsch	GER	<b>4340</b>	5.42 (1.5) 967	48.25 862	25.38 (1.3) 969	44.61 817	5:43.85 725	18/06/2000	Lage, GER
68	Wim Threels	NED	<b>4072</b>	5.04(-0.2) 972	38.47 739	27.49 (0.9) 881	33.37 641	5:40.12 839	27/09/2020	Stendal, GER
73	Sherwood Sagedahl	USA	<b>3806</b>	3.85 (-0.3) 661	35.83 741	30.37 (2.1) 766	33.43 720	5:45.96 918	02/08/2012	Lisle, USA
75	Sherwood Sagedahl	USA	<b>4060</b>	3.72 (-1.7) 743	32.57 763	31.12 (-0.7) 837	30.45 739	6:01.04 978	17/07/2014	Winston-Salem, USA
80	Sherwood Sagedahl	USA	<b>3787</b>	3.19(0.9) 661	23.81 587	33.86(-1.1) 816	24.10 657	6:20.17 1066	11/07/2019	Ames, USA
85	Ted Rowan	CAN	<b>3635</b>	3.15 (0.0) 807	22.94 677	36.30 (2.2) 886	21.03 685	9:38.84 580	03/08/2018	Surrey, CAN
91	Ralph Maxwell	USA	<b>3284</b>	2.60 (1.3) 697	17.02 583	43.56 (-1.2) 805	14.60 576	11:46.48 623	11/06/2011	Raleigh, USA